

Yoga for Unity & Well Being

Shri Ram Chandra Mission is conducting a 100-day virtual programme namely “Yoga for unity & well being” with participation from renowned yoga experts from different schools and traditions under the auspices of Ministry of AYUSH, Government of India with guidance from Yogrishi Ramdev Baba (President, Patanjali Yogapeeth), Dr. H. Nagendra (Founder/Vice Chancellor of Swami Vivekananda Yoga Anusandhan Sansthana) and Shri Kamlesh Patel (President, Shri Ram Chandra Mission).

The programme commenced on 14th March 2021 and will continue till 21st June 2021, i.e., International Day of Yoga 2021.

The event can be accessed via <http://www.youtube.com/watch?v=XU9GdeR060c>. Interested participants may register themselves on <http://hfn.link/yogaforunity>. The participants will be awarded an e-certificate by the organizers of the programme.

**HIGH COMMISSION OF INDIA
LUSAKA, ZAMBIA
01.04.2021**