PRESENTATION ON ITEC PROGRAM EXPERIENCE - INTERNATIONAL PUBLIC HEALTH MANAGEMENT DEVELOPMENT PROGRAM 21^{st} FEBRUARY - 2^{nd} MARCH, 2023



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- The Guest of Honor
- His Excellency the High Commissioner of India
- Distinguished Guests Present
- All protocols observed

A very good evening to you all. Namaste. It gives me great pleasure to stand before you and share my experience as a participant of the International Public health Management Development ITEC Program that ran from $21^{\rm st}$ February – $2^{\rm nd}$ of March 2023, in Chandigarh, India.

My ITEC experience began with a comprehensive orientation and provision of General Information by the dedicated staff at the High Commission of India, Lusaka and the IPHMDP program coordinators in India. With this, I arrived in Chandigarh, the city beautiful on 20th February 2033, with 36 other participants from 21 countries with so much excitement and keen interest to enhance my skills and expertise in public health management and development. Little did I know that the next 10 days would present a life-changing experience and one that would exceed my expectations.

Organized by an institute of National excellence, PGIMER, the goal of the program was to develop leaders that can effectively manage existing and emerging public health challenges at different levels of the health care system. An elite panel of Professors and experts facilitated experience and application-based learning using a judicial mix of learning methods including field visits and we were tasked to prepare an action plan to be implemented within 3 months of program completion.

Our visit to the state-of-the-art Telemedicine and Tele - evidence facilities at PGIMER exposed us to advanced technologies in health care and that I look forward to being implemented in Zambia. The visit to the state of Himachal Pradesh further gave me insights through context specific case studies on how to manage diseases of public health significance. Cross-cultural learning was also a core component of the program and blended best practices of health promotion with Indian culture and Tourism. The hosting of a Cultural event with a gala dinner for participants, in the beautiful mountain city of Shimla will always be a life - moment to remember and treasure. India is truly a wonderful country with a rich culture, heritage and great hospitality.

In conclusion, I take this opportunity to thank the Government of Zambia, The Ministry of External Affairs, Government of India, The High Commission of India, Lusaka and the Department of Community Medicine & School of Public health, PGIMER India, for the nomination, sponsorship and organization of this enriching program.

I thank you.